

$$\left(\nabla_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = -\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\vec{V}_g \cdot \nabla_p \left(\zeta_g + f \right) \right] - \frac{1}{\sigma} \nabla_p^2 \left[-\vec{V}_g \cdot \nabla_p \left(T \right) \right] - \frac{1}{\sigma} \nabla_p^2 Q - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \nabla_p \times \overline{Fr} \right)$$

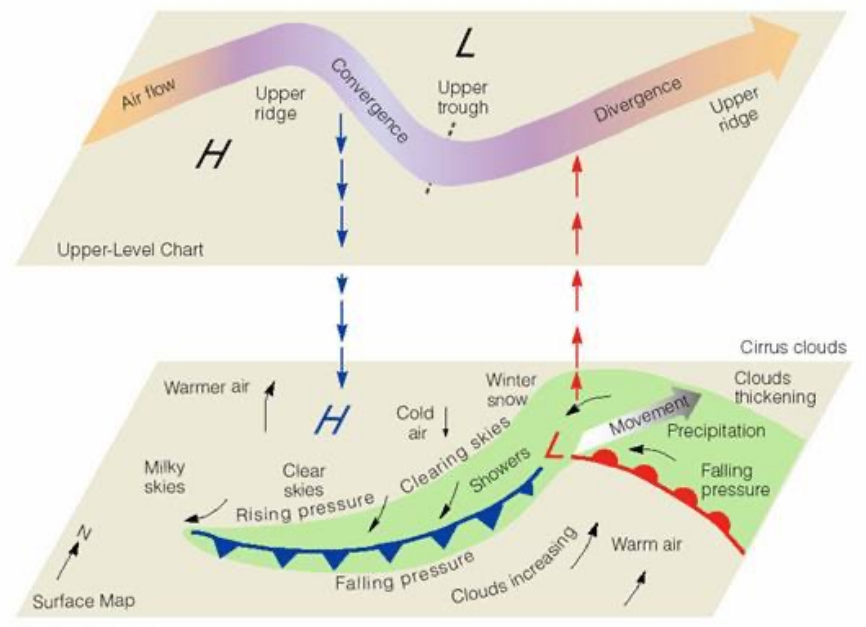
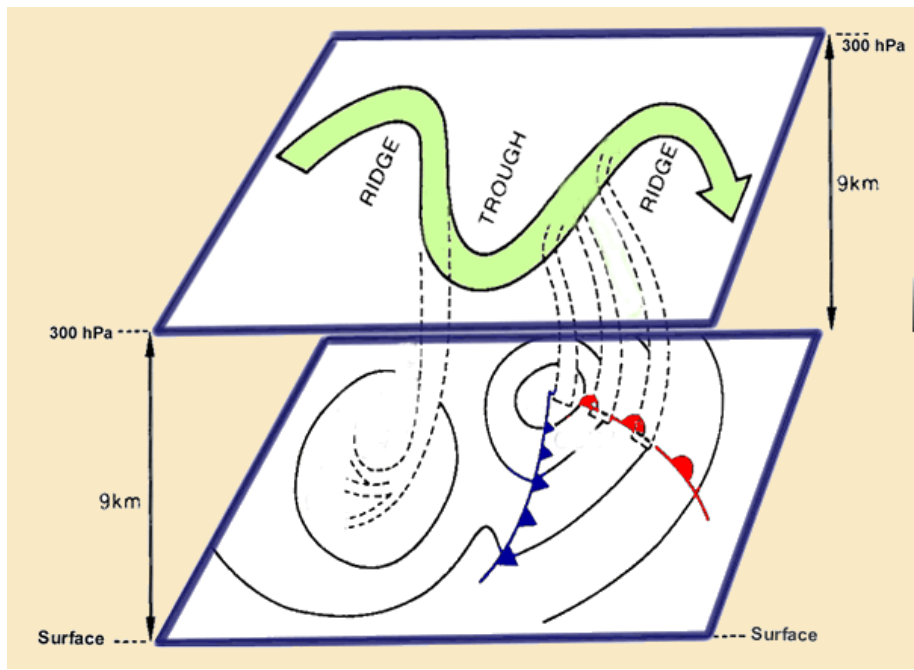
A

B

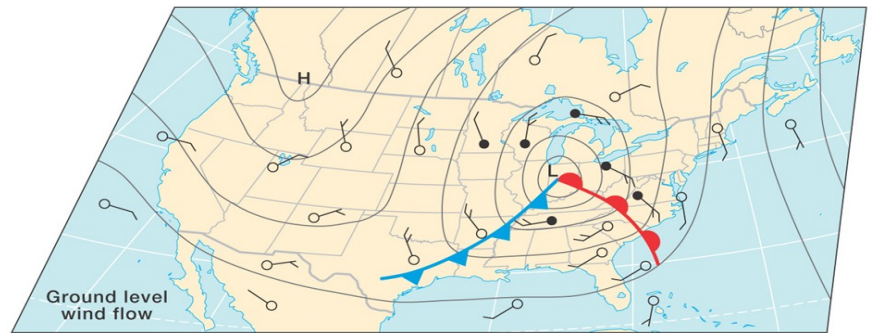
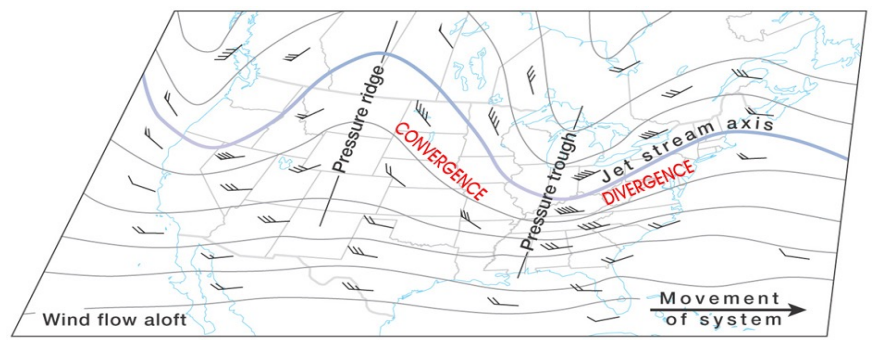
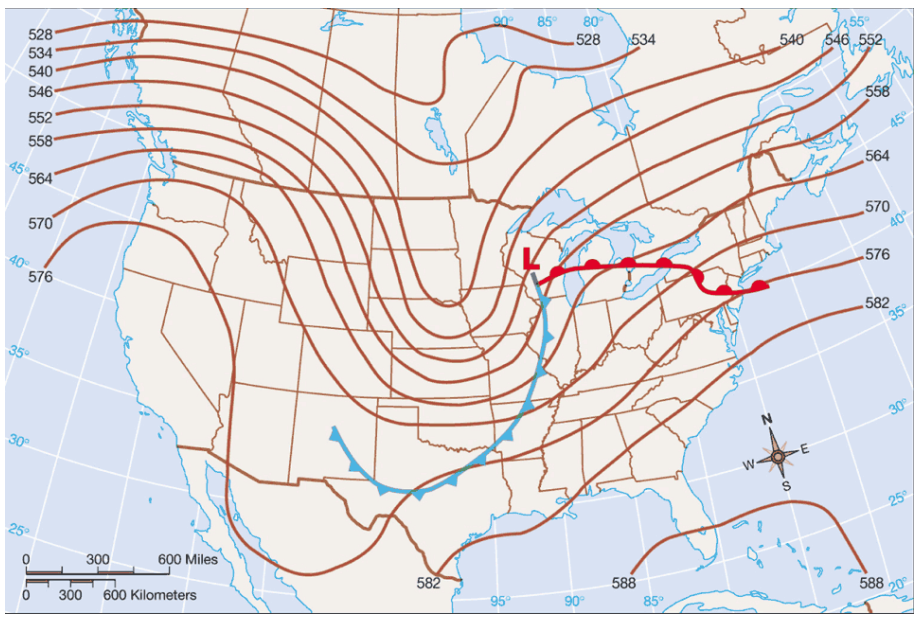
C

D

E



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$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = -\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\bar{V}_g \cdot \bar{\nabla}_p \left(\zeta_g + f \right) \right] - \frac{1}{\sigma} \bar{\nabla}_p^2 \left[-\bar{V}_g \cdot \bar{\nabla}_p \left(T \right) \right] - \frac{1}{\sigma} \bar{\nabla}_p^2 Q - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \bar{\nabla}_p \times \bar{F}r \right)$$

A

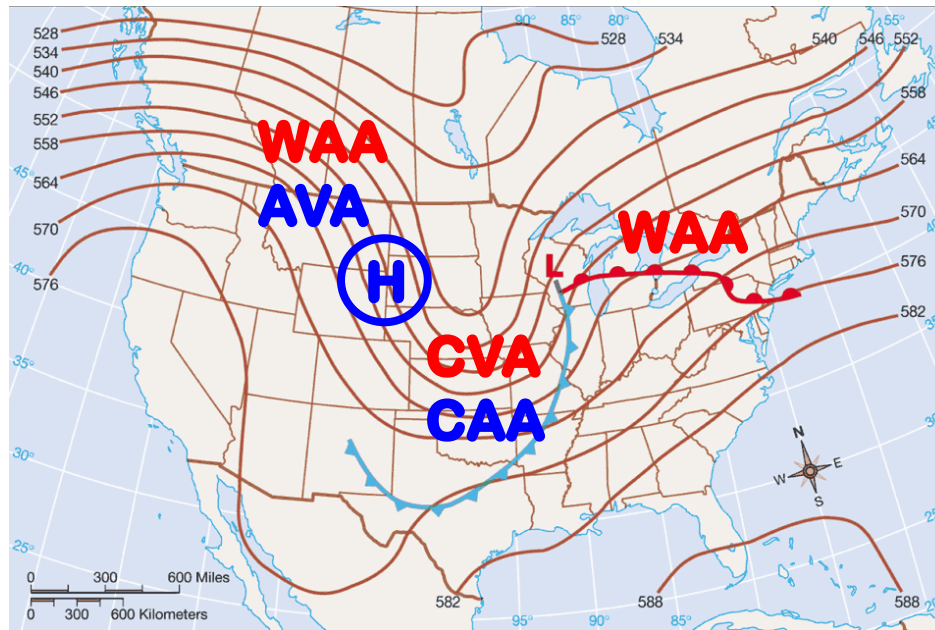
B

C

D

E

Recalling the typical, synoptic situation:



There are regions of significant cancellation between terms **B** and **C**, i.e., **CVA** and **CAA** behind the cold front, and **AVA** and **WAA** to the northwest of the surface high.

$$\left(\nabla_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = -\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\vec{V}_g \cdot \nabla_p \left(\zeta_g + f \right) \right] - \frac{1}{\sigma} \nabla_p^2 \left[-\vec{V}_g \cdot \nabla_p \left(T \right) \right] - \frac{1}{\sigma} \nabla_p^2 Q - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \nabla_p \times \vec{F}r \right)$$

A

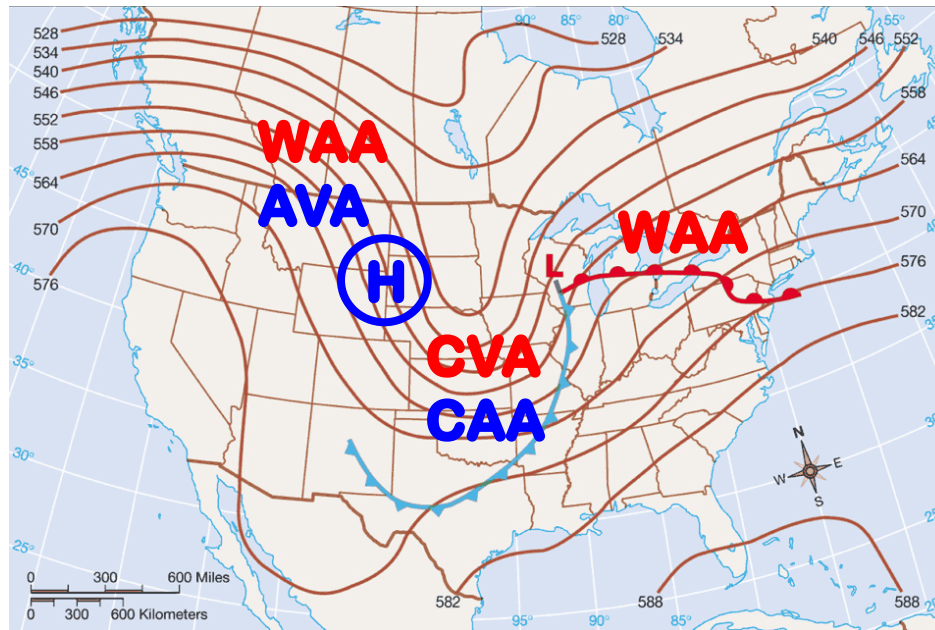
B

C

D

E

Recalling the typical, synoptic situation:



Thus, the QG ω equation can't be used to tell us concretely where upward motion will occur.

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = -\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\bar{\nabla}_g \cdot \bar{\nabla}_p \left(\zeta_g + f \right) \right] - \frac{1}{\sigma} \bar{\nabla}_p^2 \left[-\bar{\nabla}_g \cdot \bar{\nabla}_p \left(T \right) \right] - \frac{1}{\sigma} \bar{\nabla}_p^2 Q - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \bar{\nabla}_p \times \bar{F}r \right)$$

A

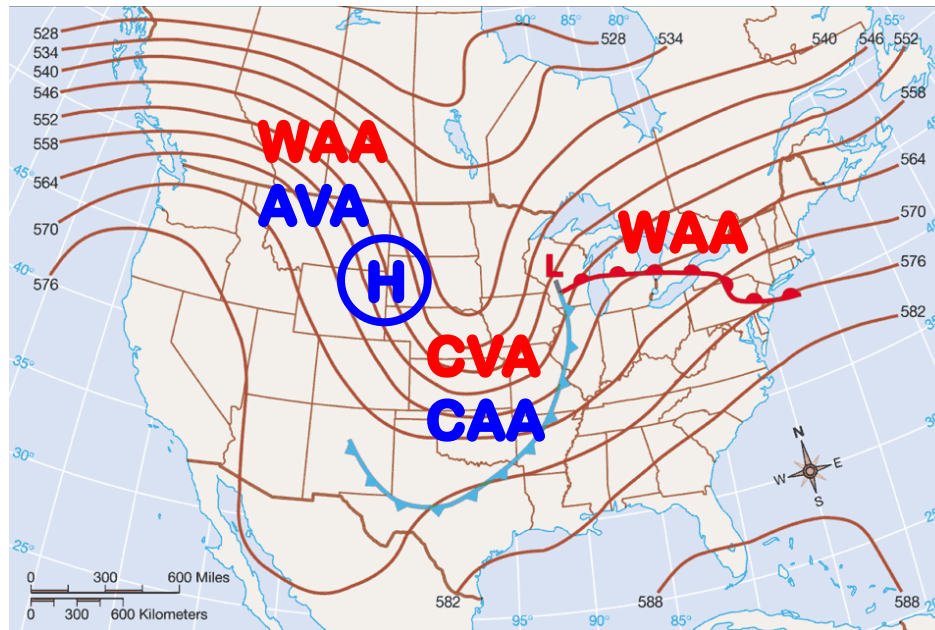
B

C

D

E

Recalling the typical, synoptic situation:



Sutcliffe (1947) was the first to recognize this,
and an alternate form of the ω equation was formally developed by
Trenberth (1978), thus the name:

The Sutcliffe–Trenberth ω Equation

$$\left(\underbrace{\vec{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2}}_{\mathbf{A}} \right) \omega = - \underbrace{\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(\zeta_g + f \right) \right]}_{\mathbf{B}} - \underbrace{\frac{1}{\sigma} \vec{\nabla}_p^2 \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(T \right) \right]}_{\mathbf{C}} - \underbrace{\frac{1}{\sigma} \vec{\nabla}_p^2 Q}_{\mathbf{D}} - \underbrace{\frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \vec{\nabla}_p \times \vec{F}_r \right)}_{\mathbf{E}}$$

We start with the adiabatic, frictionless QG ω equation (**above**) and rewrite term B distributing the $-$ sign and the $\partial/\partial p$:

$$- \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(\zeta_g + f \right) \right] = \frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g + f \right) + \frac{f_o}{\sigma} \vec{V}_g \cdot \frac{\partial}{\partial p} \left[\vec{\nabla}_p \left(\zeta_g + f \right) \right]$$

Next, distribute the $\vec{\nabla}_p$ through the first term and $\partial/\partial p$ through the second:

$$\underbrace{\frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right)}_{\mathbf{1}} + \underbrace{\frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p f}_{\mathbf{2}} + \underbrace{\frac{f_o}{\sigma} \vec{V}_g \cdot \frac{\partial}{\partial p} \left[\vec{\nabla}_p \left(\zeta_g \right) \right]}_{\mathbf{3}} + \underbrace{\frac{f_o}{\sigma} \vec{V}_g \cdot \frac{\partial}{\partial p} \left(\vec{\nabla}_p f \right)}_{\mathbf{4}}$$

We see we can immediately eliminate term 4 because the gradient of the Coriolis force, $\vec{\nabla}_p f$, doesn't change with height.

What about terms 1 and 2? Anything familiar in them?

$$\frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right) + \frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p f + \frac{f_o}{\sigma} \vec{V}_g \cdot \frac{\partial}{\partial p} \left[\vec{\nabla}_p \left(\zeta_g \right) \right]$$

1


2

3

1 = Advection of geostrophic relative vorticity by the thermal wind

2 = Advection of Earth's vorticity by the thermal wind

To interpret term **3**, let's interchange the order of differentiation (see arrow below) to make it look like an advection term:

$$\frac{f_o}{\sigma} \vec{V}_g \cdot \frac{\partial}{\partial p} \left[\vec{\nabla}_p \left(\zeta_g \right) \right] = \frac{f_o}{\sigma} \vec{V}_g \cdot \vec{\nabla}_p \frac{\partial}{\partial p} \left(\zeta_g \right) = \frac{f_o}{\sigma} \vec{V}_g \cdot \vec{\nabla}_p \frac{\partial \zeta_g}{\partial p}$$


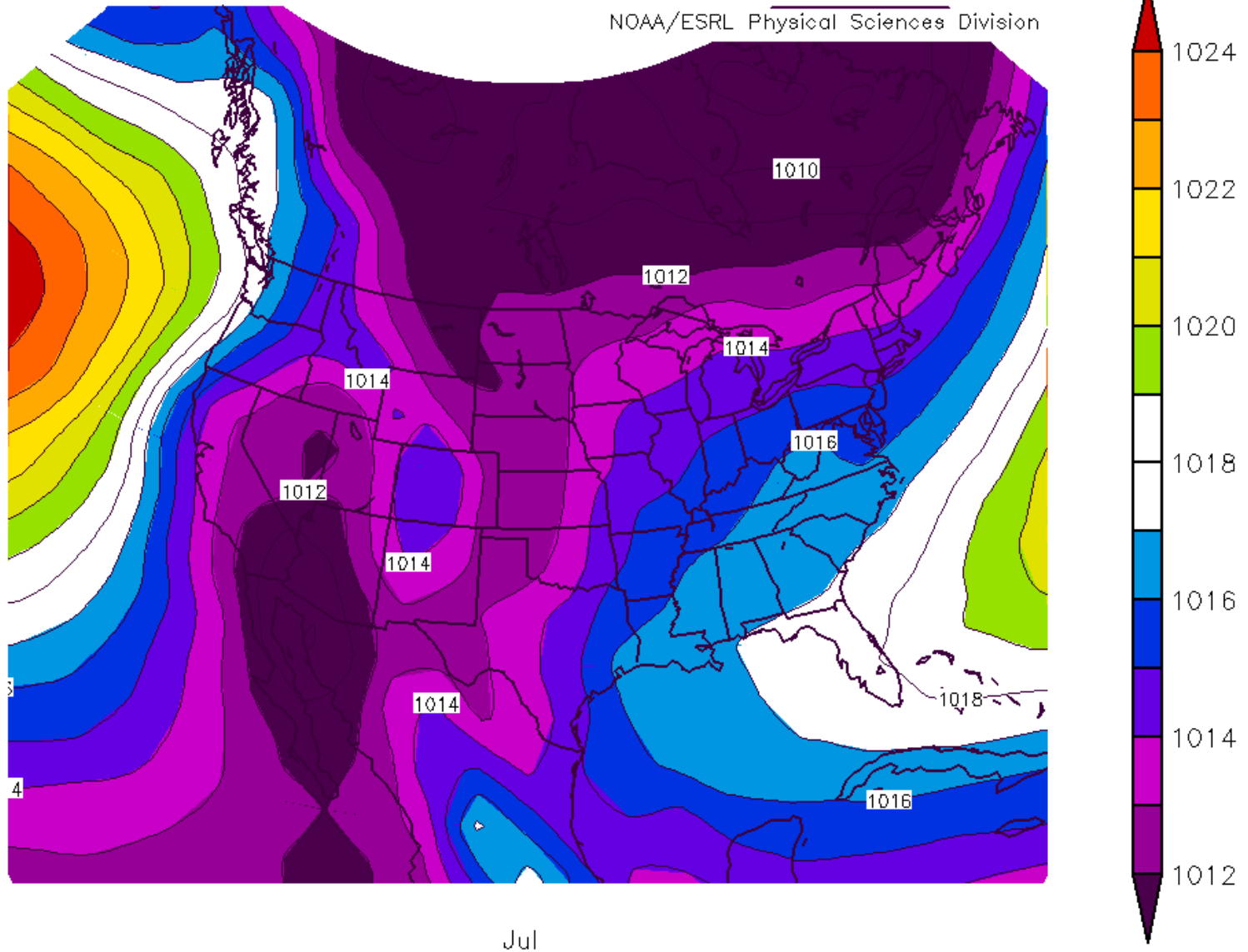
The term is now the advection of the vertical gradient of geostrophic relative vorticity by the geostrophic wind.

It is perfectly fine to leave the term like this, but we give $\frac{\partial \zeta_g}{\partial p}$ a special name...

$$\frac{\partial \vec{V}_g}{\partial p} = \vec{V}_T = \text{Thermal wind} \qquad \frac{\partial \zeta_g}{\partial p} = \zeta_T = \text{Thermal vorticity}$$

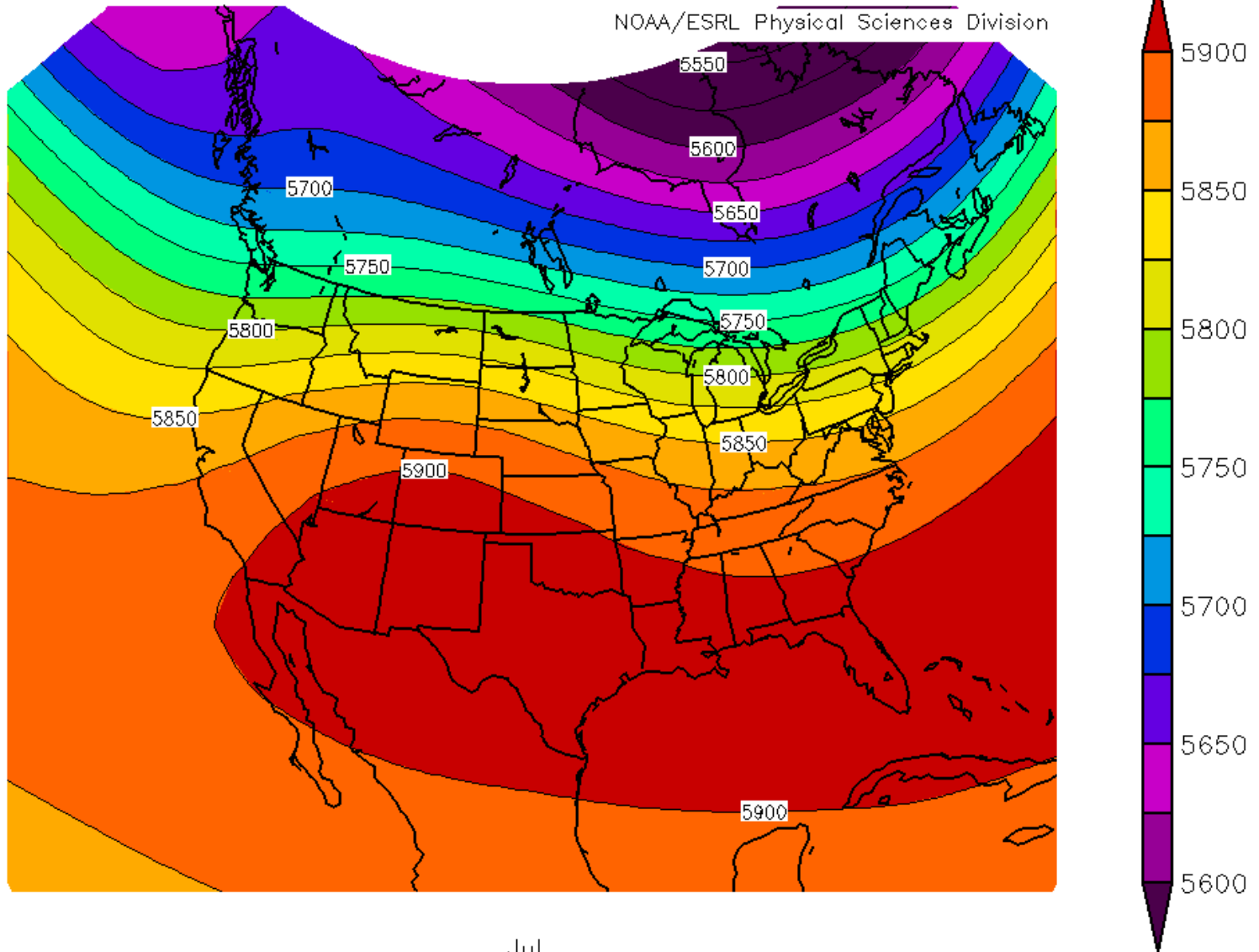
NCEP/NCAR Reanalysis
Sea Level Pressure (mb) Climatology 1981–2010 climo

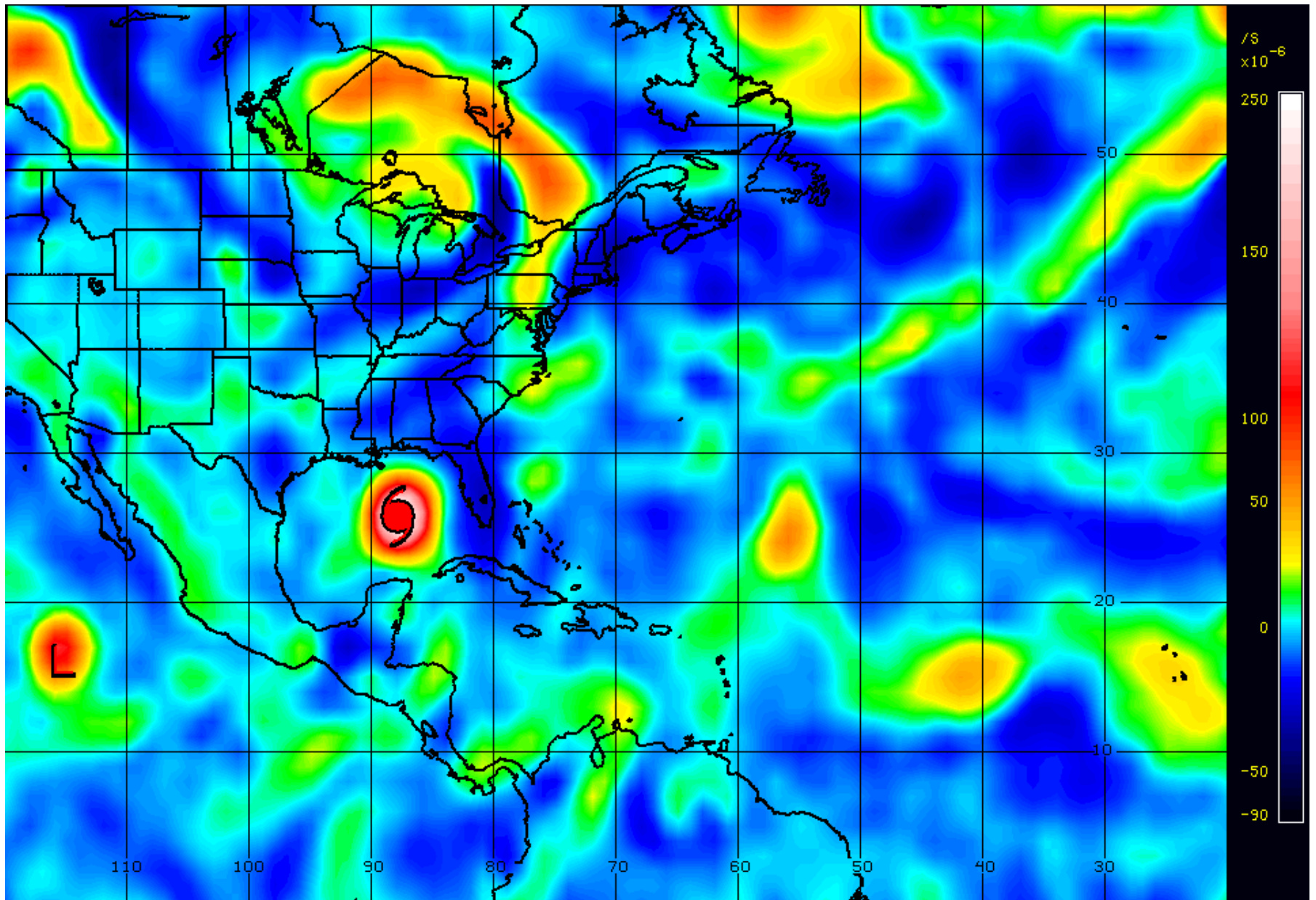
NOAA/ESRL Physical Sciences Division



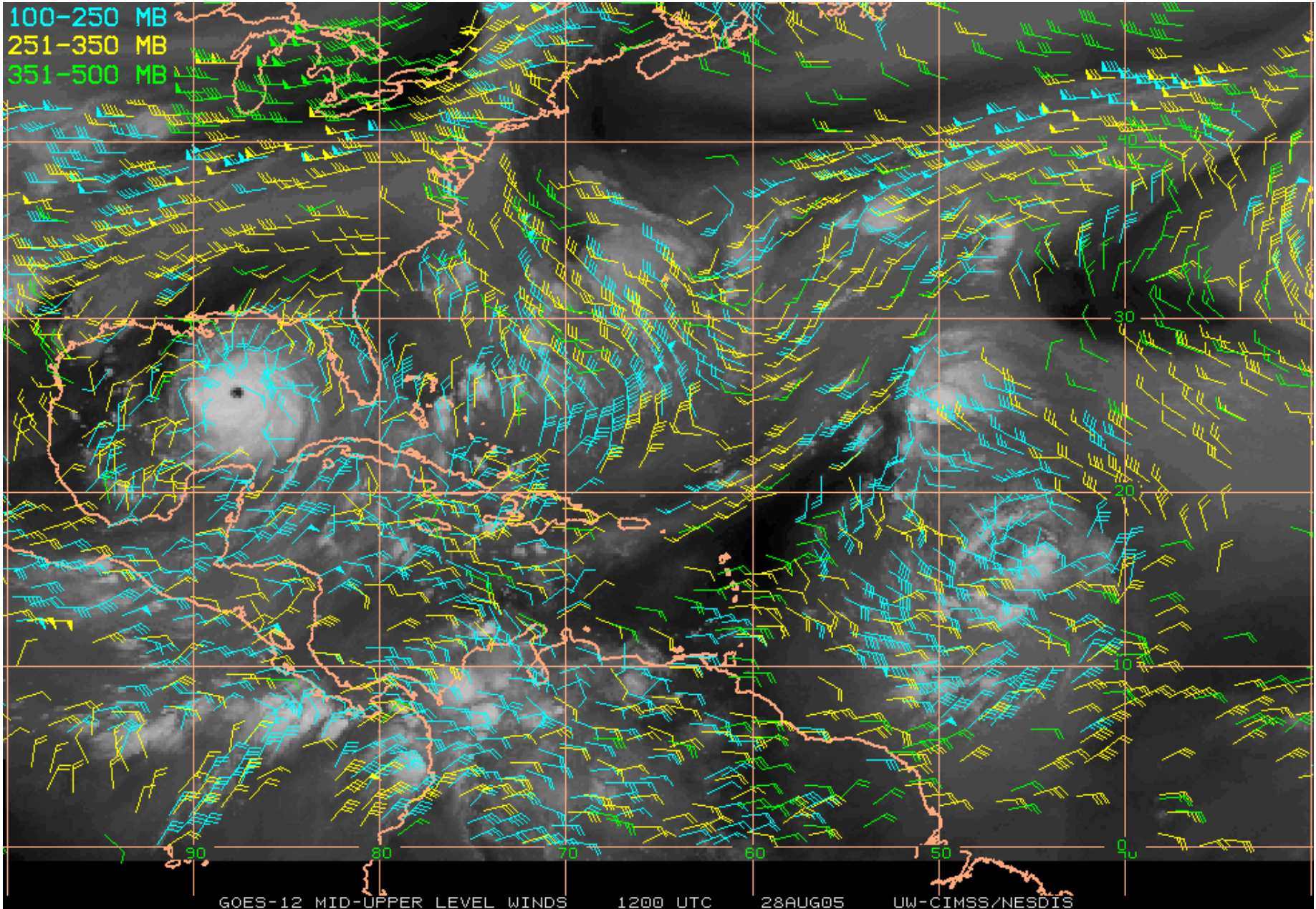
NCEP/NCAR Reanalysis
500mb Geopotential Height (m) Climatology 1981–2010 clima

NOAA/ESRL Physical Sciences Division

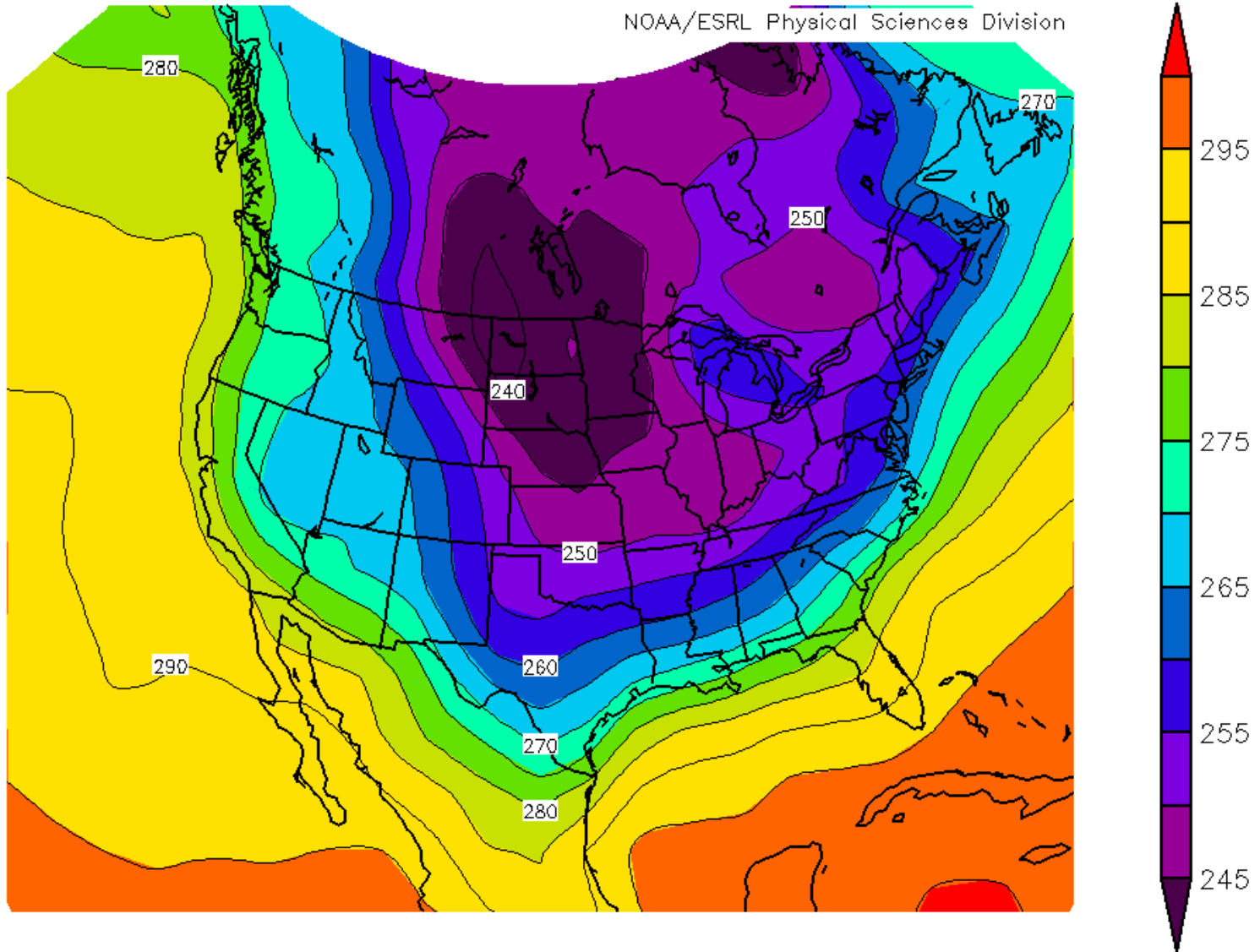




100-250 MB
251-350 MB
351-500 MB

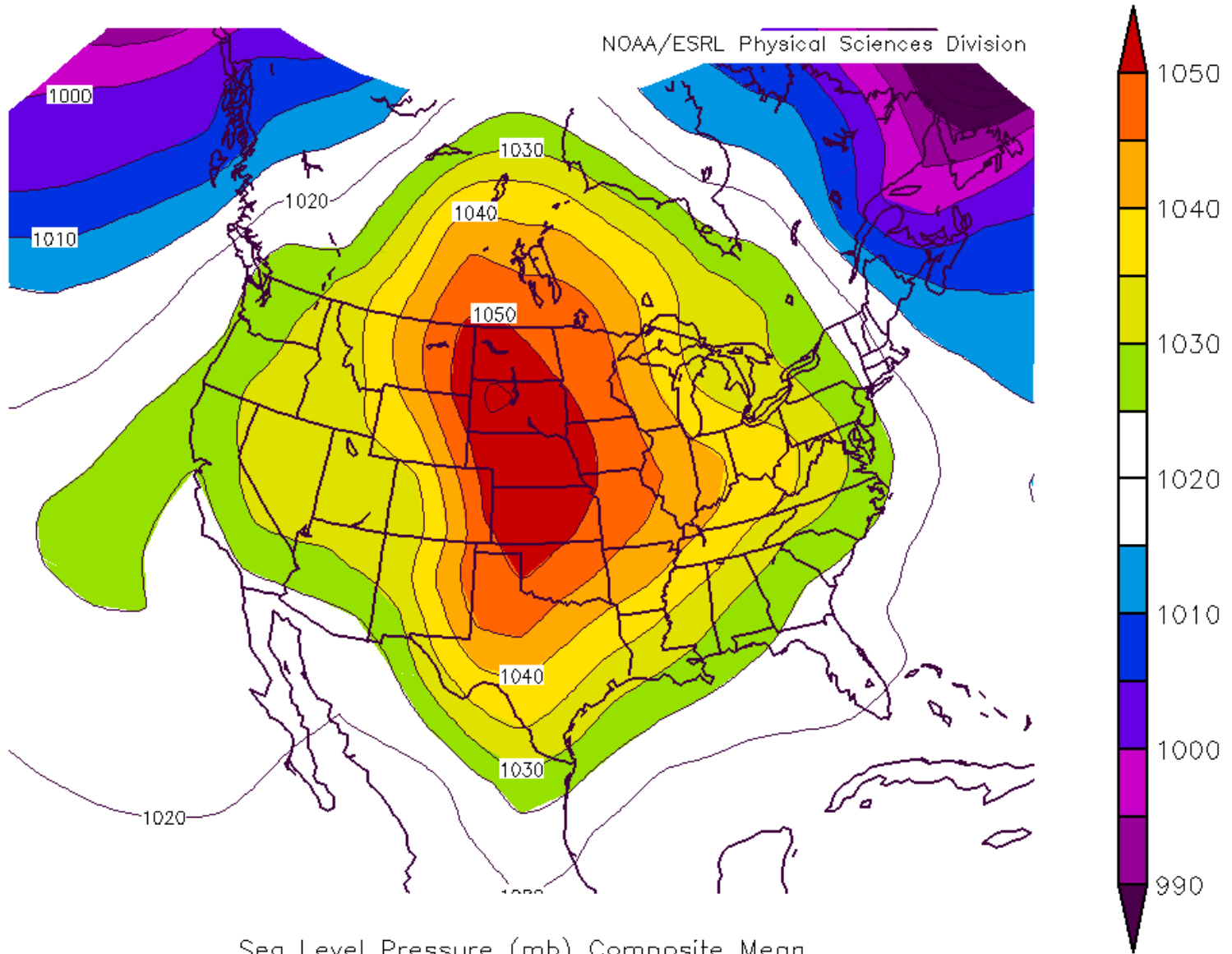


NOAA/ESRL Physical Sciences Division



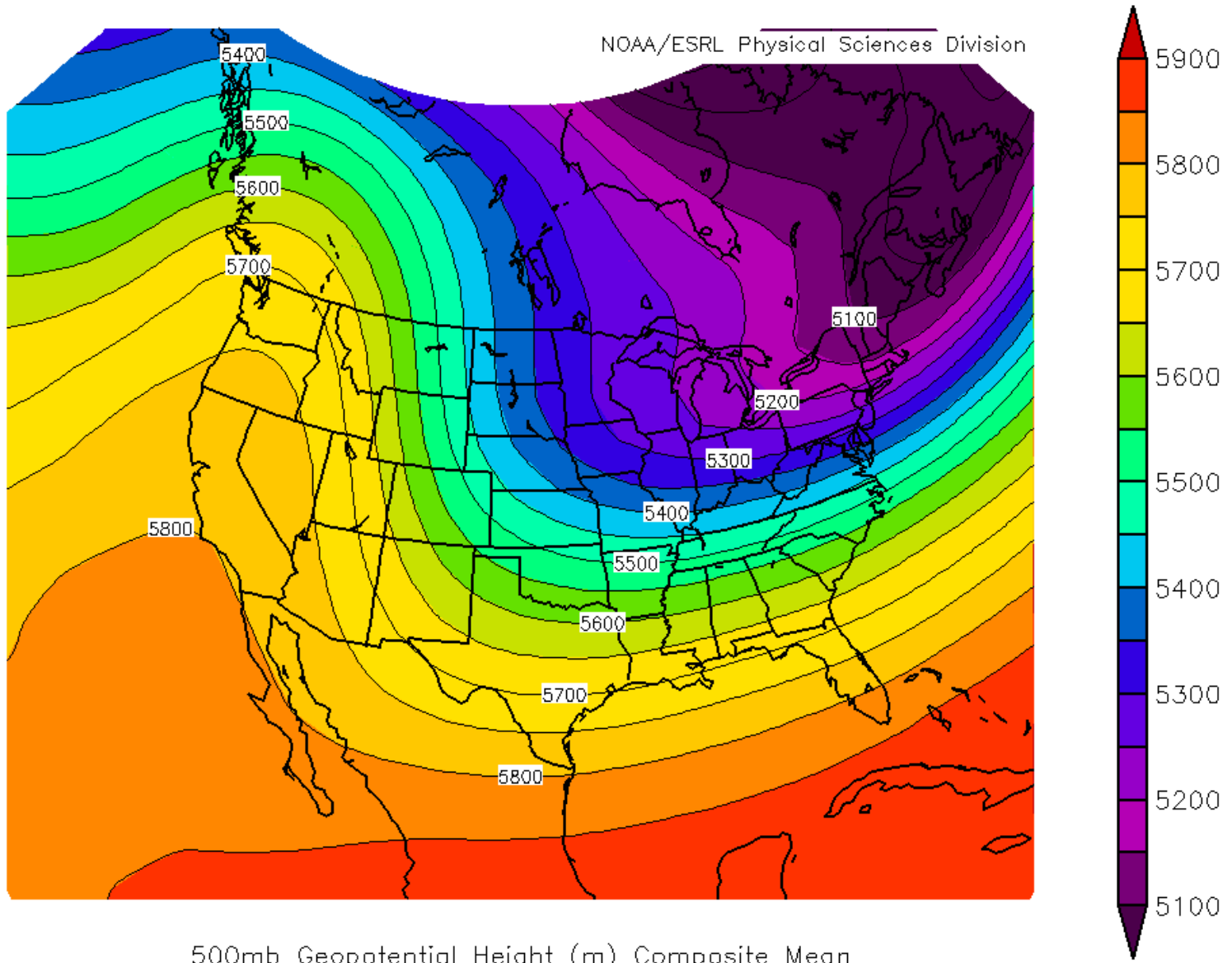
Surface Air Temperature (K) Composite Mean
12/22/89 to 12/22/89
NCEP/NCAR Reanalysis

NOAA/ESRL Physical Sciences Division



Sea Level Pressure (mb) Composite Mean
12/22/89 to 12/22/89
NCEP/NCAR Reanalysis

NOAA/ESRL Physical Sciences Division



500mb Geopotential Height (m) Composite Mean
12/22/89 to 12/22/89
NCEP/NCAR Reanalysis

$$\left(\vec{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(\zeta_g + f \right) \right] - \frac{1}{\sigma} \vec{\nabla}_p^2 \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(T \right) \right] - \frac{1}{\sigma} \vec{\nabla}_p^2 Q - \frac{f_o}{\sigma} \frac{\partial}{\partial p} \left(\hat{k} \cdot \vec{\nabla}_p \times \vec{F}_r \right)$$

A

B

C

D

E

Now we need to tackle term C, which involves much nastier algebra using vector identities ($\vec{\nabla}^2 (\vec{a} \cdot \vec{b})$) and the thermal wind equations.

Doing out the dot products and interchanging the orders of differentiation, we arrive at:

$$-\frac{1}{\sigma} \vec{\nabla}_p^2 \left[-\vec{V}_g \cdot \vec{\nabla}_p \left(T \right) \right] = \frac{f_o}{\sigma} \left[\frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right) - \vec{V}_g \cdot \vec{\nabla}_p \frac{\partial}{\partial p} \left(\zeta_g \right) + \left(F_2 \frac{\partial F_1}{\partial p} - F_1 \frac{\partial F_2}{\partial p} \right) \right]$$

5

6

7

Terms **5** and **6** are the same as terms 1 and 3 (we'll come back to them in a minute!), and term **7** contains the deformation terms:

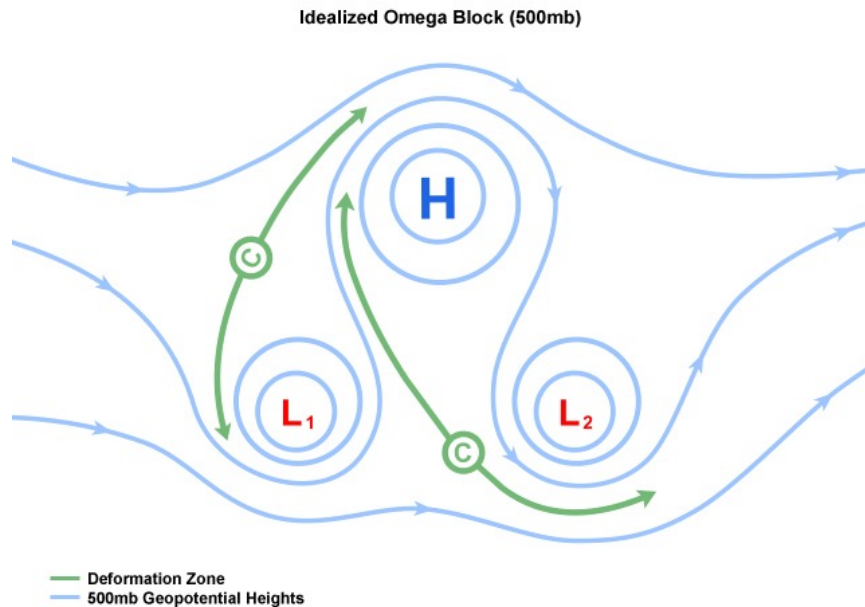
$$F_1 = \frac{\partial u_g}{\partial x} - \frac{\partial v_g}{\partial y} \quad \text{and} \quad F_2 = \frac{\partial v_g}{\partial x} + \frac{\partial u_g}{\partial y}$$

These look similar to vorticity and divergence, but with opposite + and - signs, and have to do with the rate of change of the shape of fluid parcels... basically, distortion!

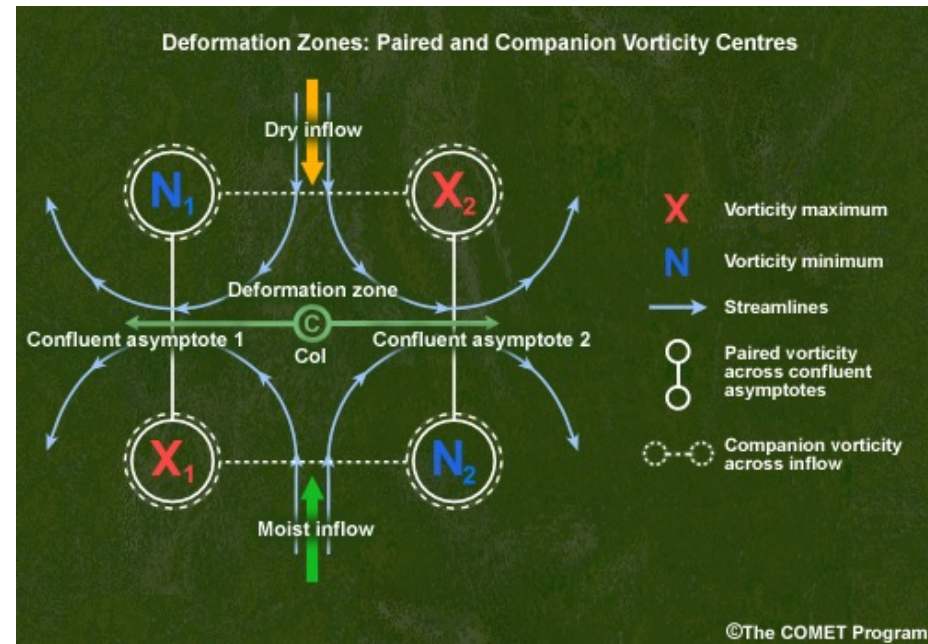
$$F_1 = \frac{\partial u_g}{\partial x} - \frac{\partial v_g}{\partial y} \quad \text{and} \quad F_2 = \frac{\partial v_g}{\partial x} + \frac{\partial u_g}{\partial y}$$

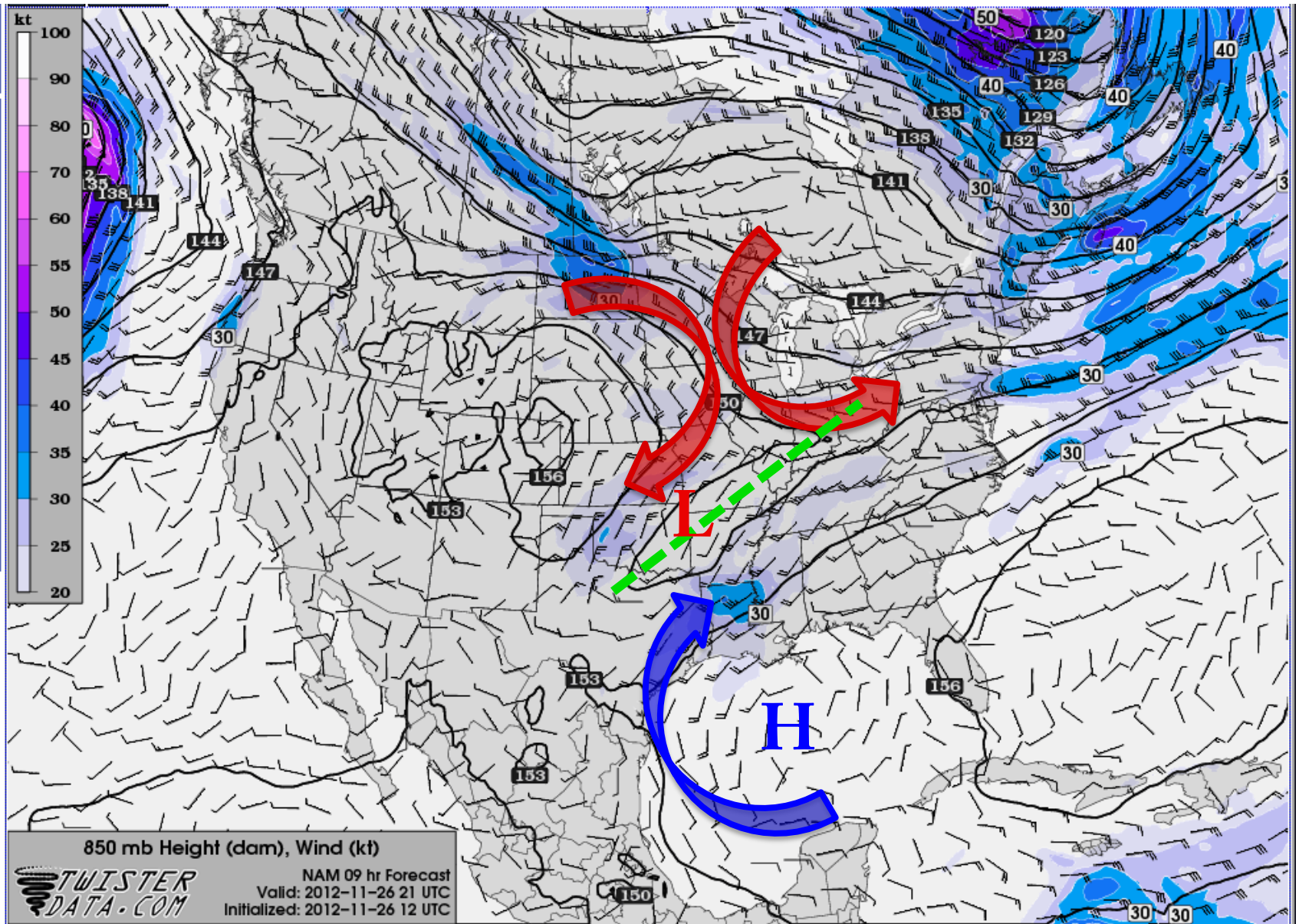
Lance Bosart: “**Deformation** is the **red-headed stepchild** of **synoptic meteorology**” = It’s **largely ignored!**

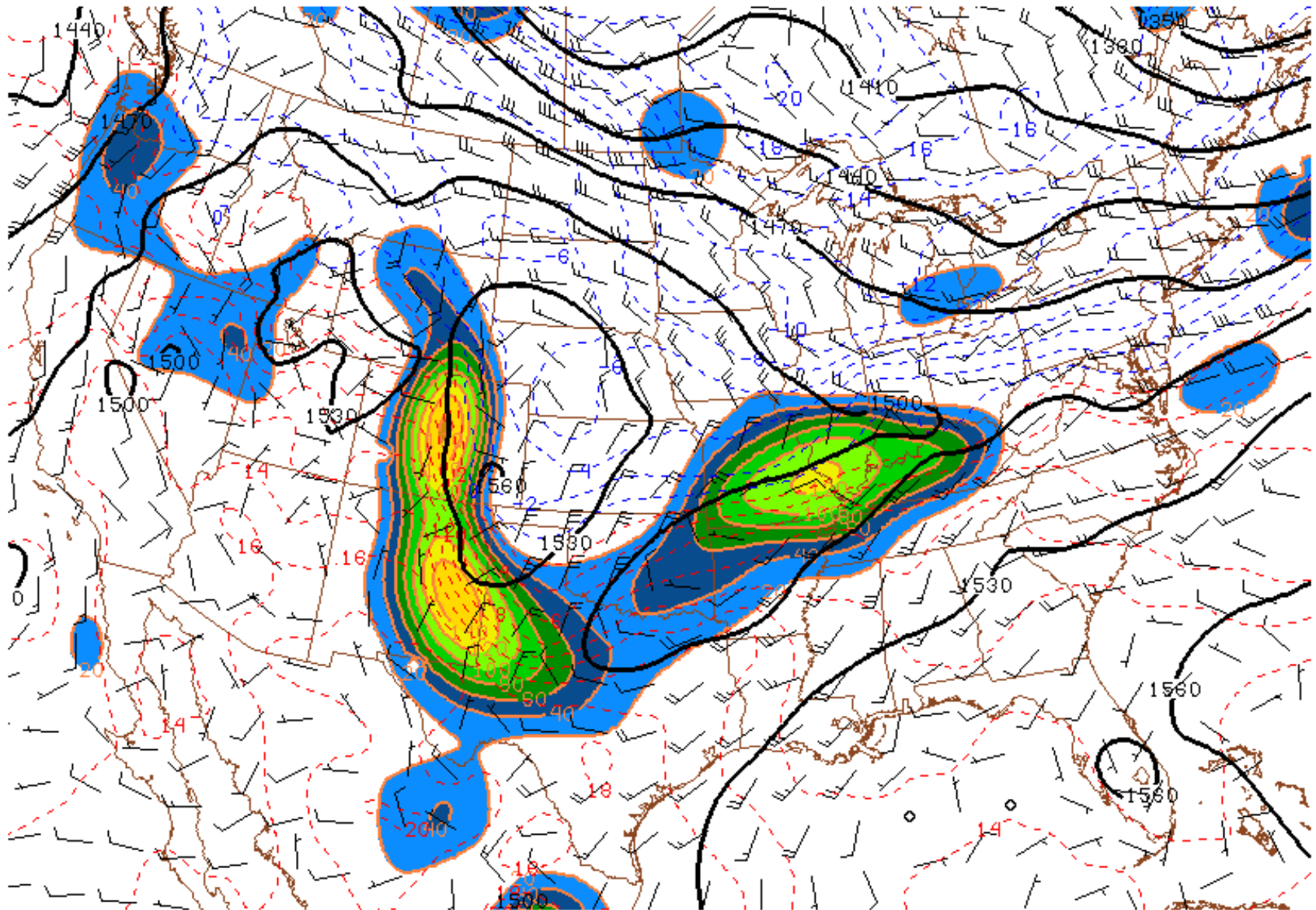
This is **because** it is **generally weak**, **except in** the vicinity of **fronts and jets**.



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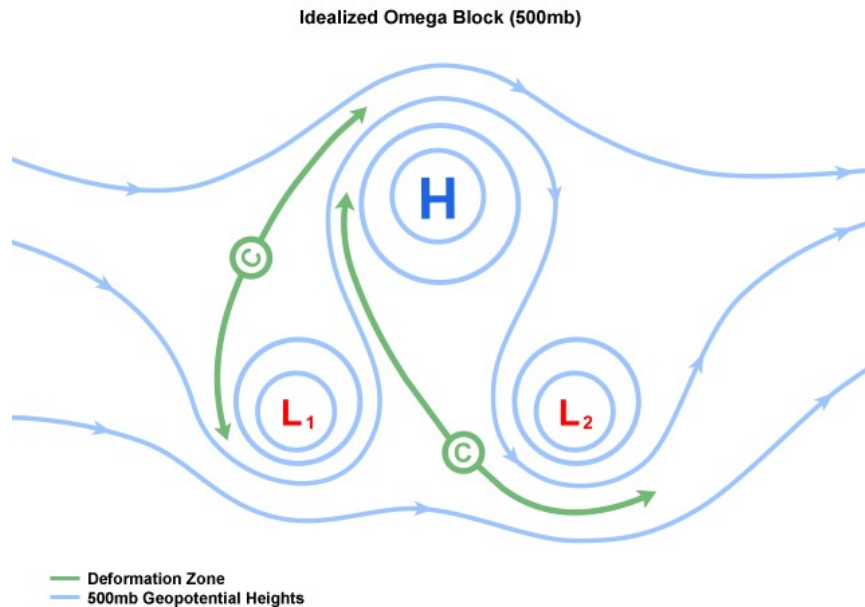


121126/2100V001 850 mb Petterssen frontogenesis (f111)
121126/2100V001 850 mb height, temperature and wind

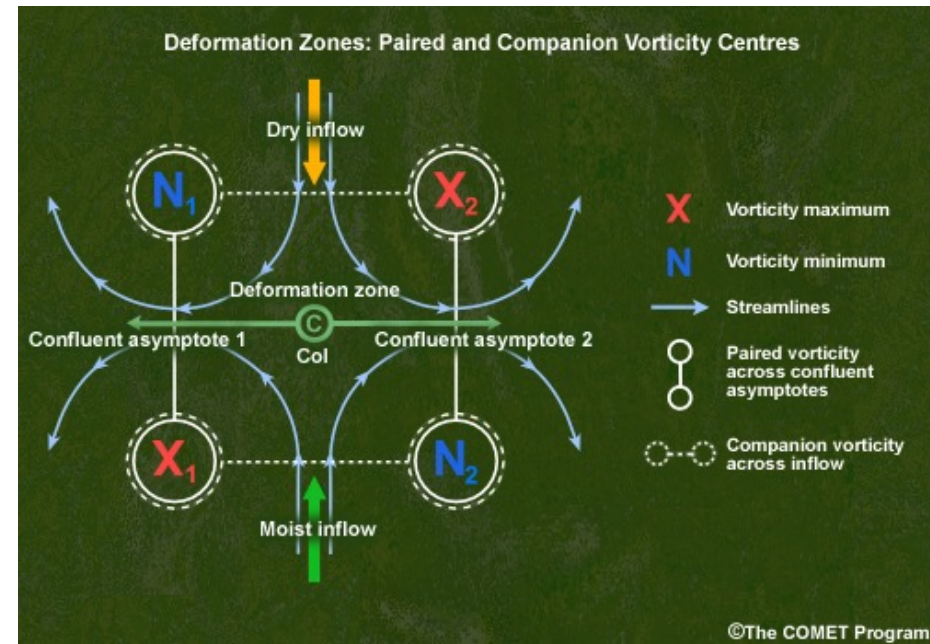
$$F_1 = \frac{\partial u_g}{\partial x} - \frac{\partial v_g}{\partial y} \quad \text{and} \quad F_2 = \frac{\partial v_g}{\partial x} + \frac{\partial u_g}{\partial y}$$

Lance Bosart: “**Deformation** is the **red-headed stepchild** of **synoptic meteorology**” = It’s **largely ignored!**

This is **because** it is **generally weak**, **except in** the vicinity of **fronts and jets**.



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For our purposes, we will **ignore deformation** (term **7**) and **gather the remaining terms...**

$$\boxed{\mathbf{B}} + \boxed{\mathbf{C}} = \underbrace{\frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right)}_{\boxed{1}} + \underbrace{\frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p f}_{\boxed{2}} + \underbrace{\frac{f_o}{\sigma} \vec{V}_g \cdot \vec{\nabla}_p \frac{\partial \zeta_g}{\partial p}}_{\boxed{3}} + \underbrace{\frac{f_o}{\sigma} \left[\frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right) \right]}_{\boxed{5}} - \underbrace{\frac{f_o}{\sigma} \vec{V}_g \cdot \vec{\nabla}_p \frac{\partial}{\partial p} \left(\zeta_g \right)}_{\boxed{6}}$$

We note terms 3 and 6 cancel, and terms 1 and 5 add to leave:

$$2 \frac{f_o}{\sigma} \left[\frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p \left(\zeta_g \right) \right] + \frac{f_o}{\sigma} \frac{\partial \vec{V}_g}{\partial p} \cdot \vec{\nabla}_p f$$

Usually, term 2 is small for midlatitude weather systems with a generally westerly (*i* component) **thermal wind** and north-south (*j* component) gradient of *f*.

Thus, we are left with **ONE** forcing term for vertical motion:

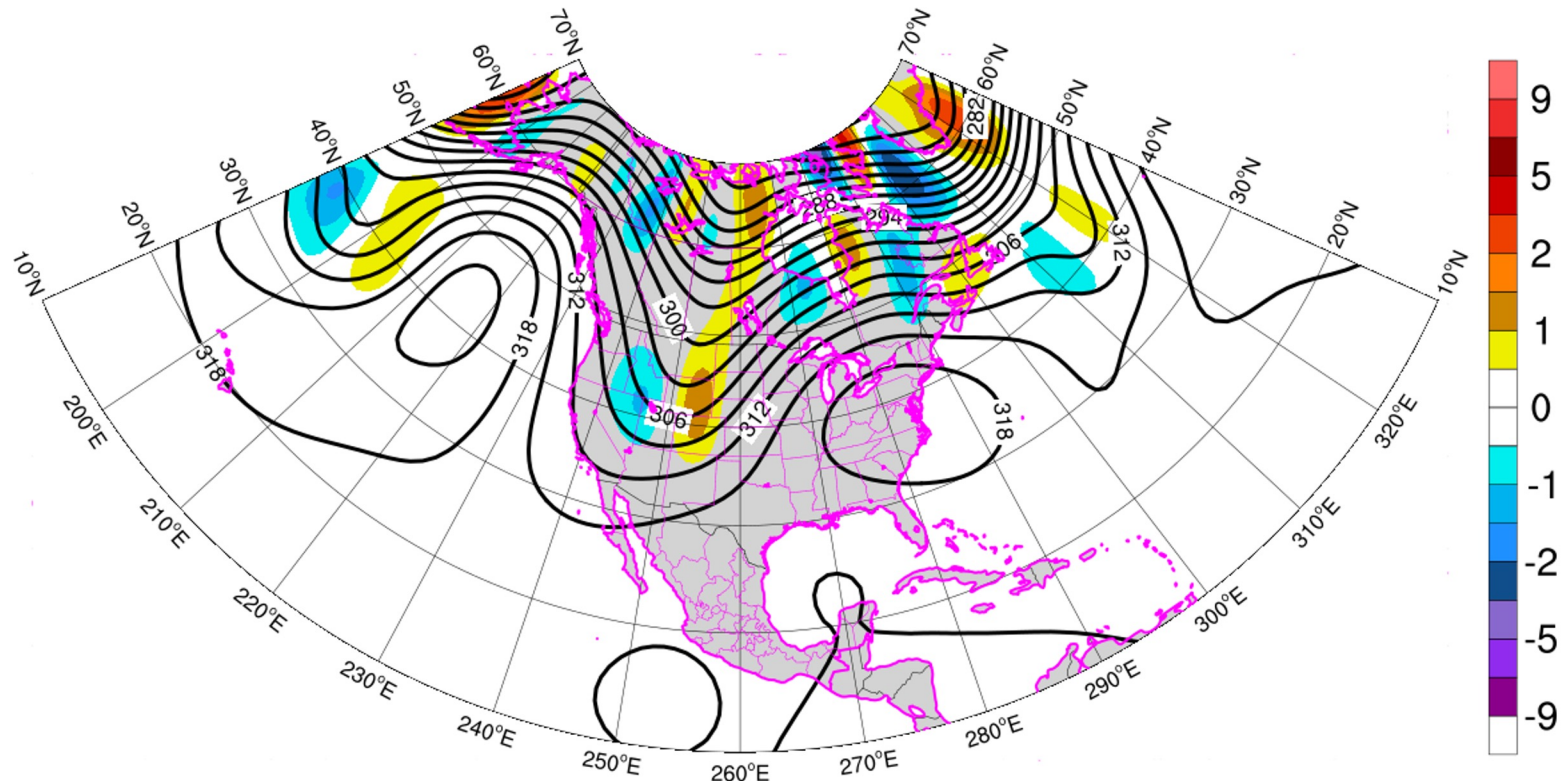
$$\underbrace{\left(\vec{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right)}_{\boxed{\mathbf{A}}} \omega = 2 \underbrace{\frac{f_o}{\sigma}}_{\boxed{\mathbf{B}}} \underbrace{\left(-\vec{V}_T \cdot \vec{\nabla}_p \zeta_g \right)}_{\boxed{\mathbf{C}}}$$

The advection of **geostrophic relative vorticity** by the **thermal wind**!

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!

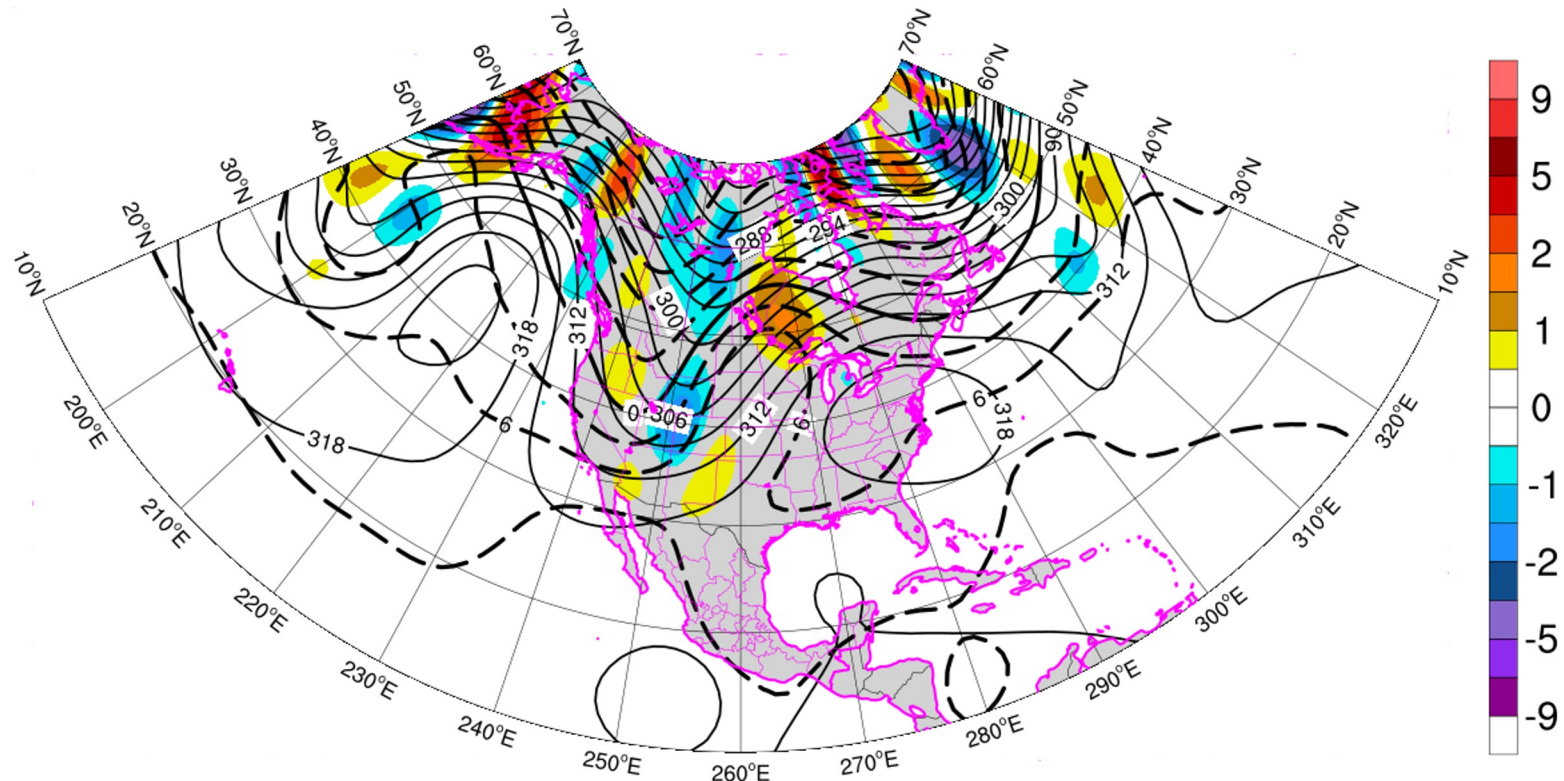


700 hPa Z and Differential Vorticity Advection Term (A) QG Omega Forcing (traditional form) (smoothed)
84-h GFS forecast at 2025100418 (2025100106 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

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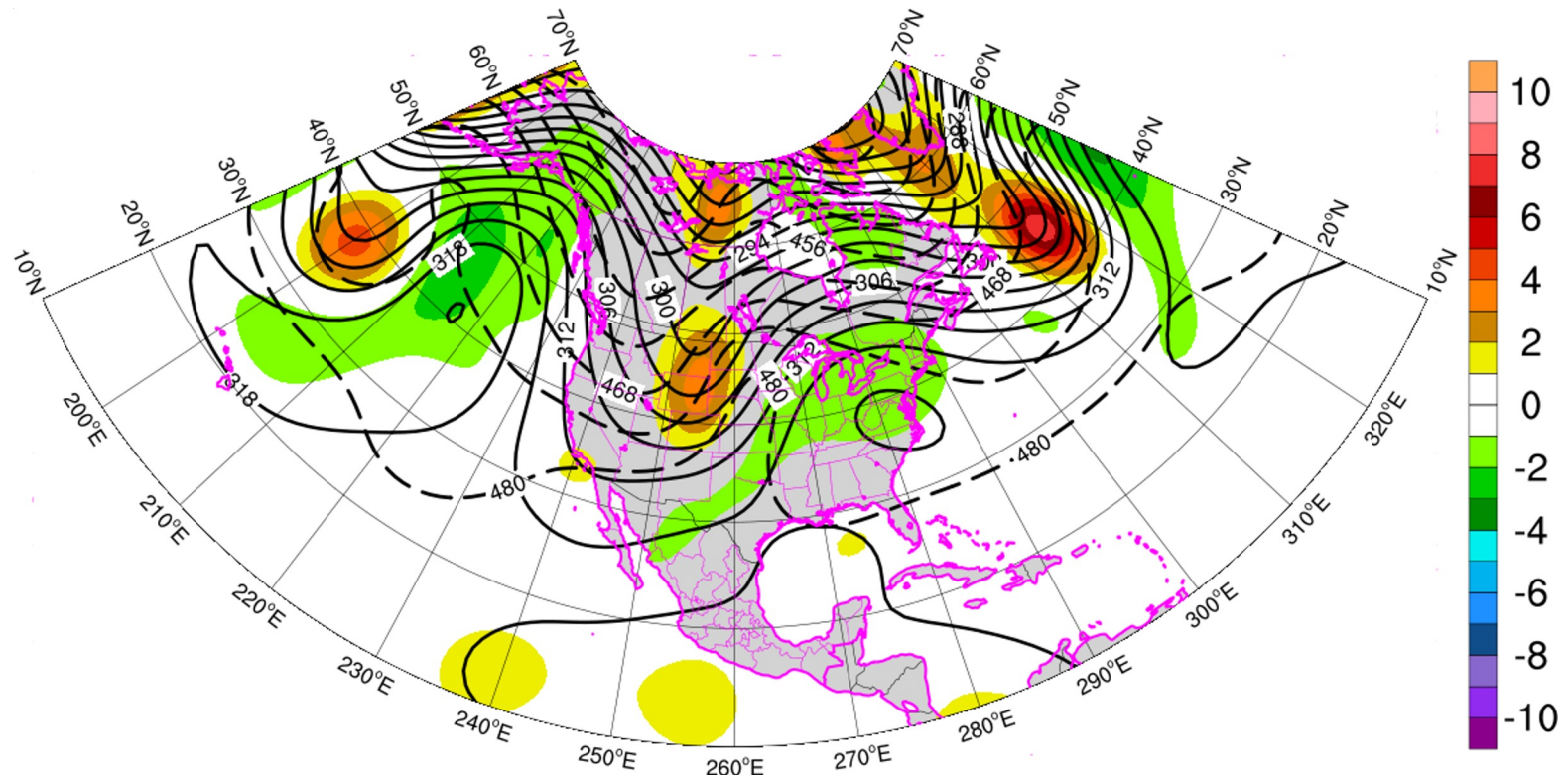


700 hPa Z, Temperature, and Thermal Advection Term (B) QG Omega Forcing (traditional form) (smoothed)
84-h GFS forecast at 2025100418 (2025100106 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

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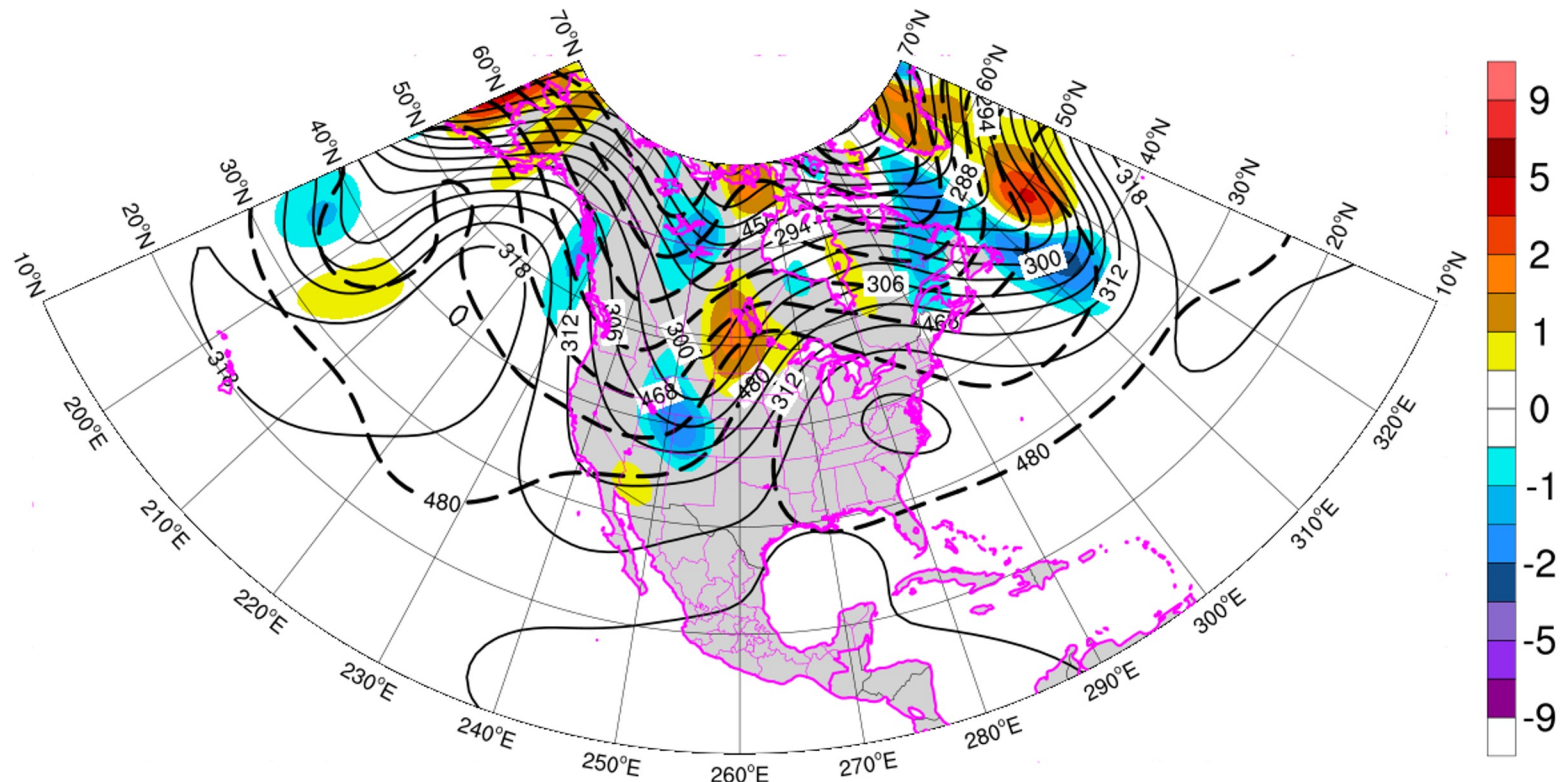


700 hPa Height, Geostrophic Vorticity, and 900-500 hPa Thickness (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!

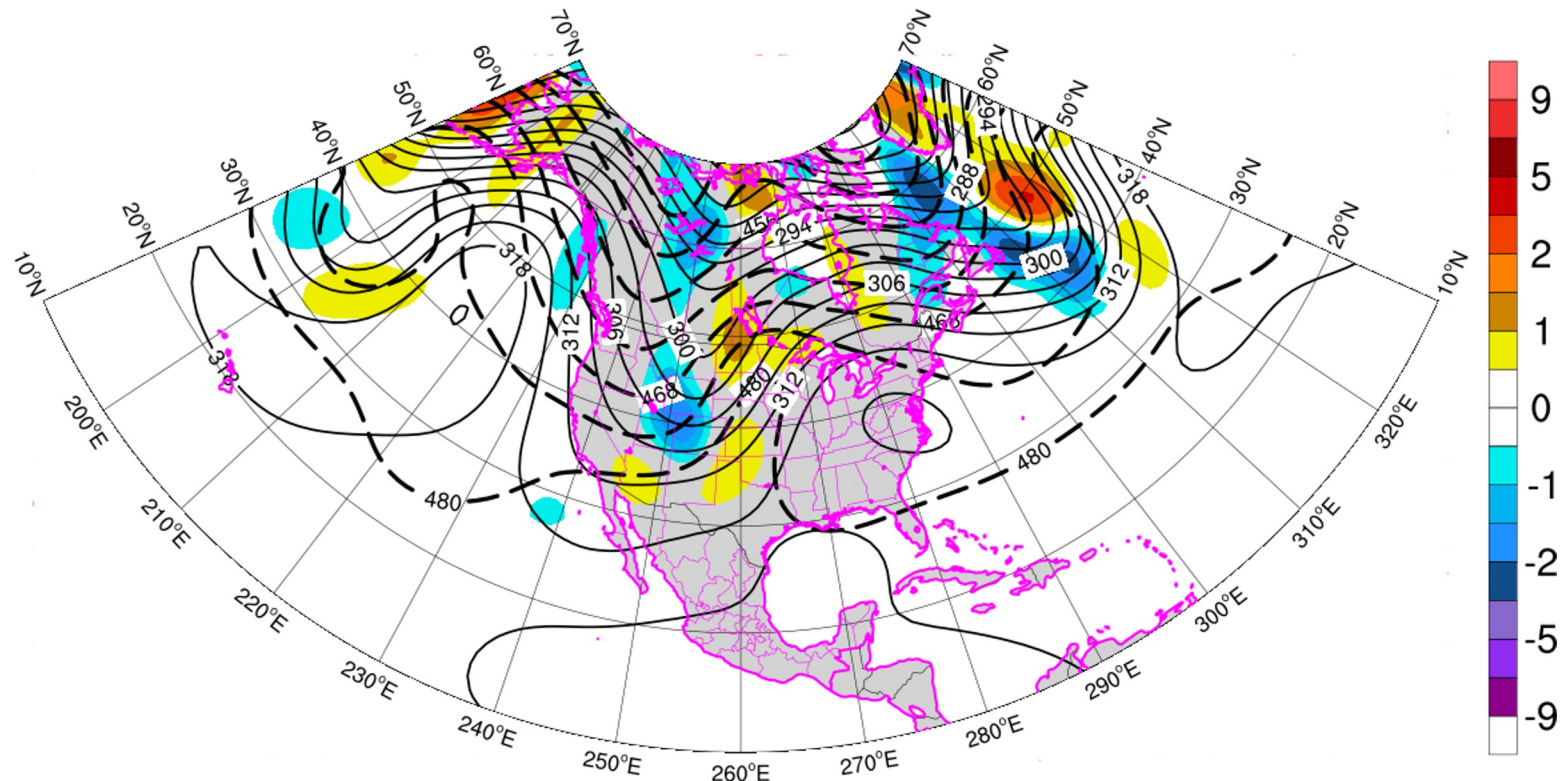


700 hPa Z, 900-500 hPa Thick, and Vort Advect Term (A) QG Omega Forcing (Trenberth form) (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!

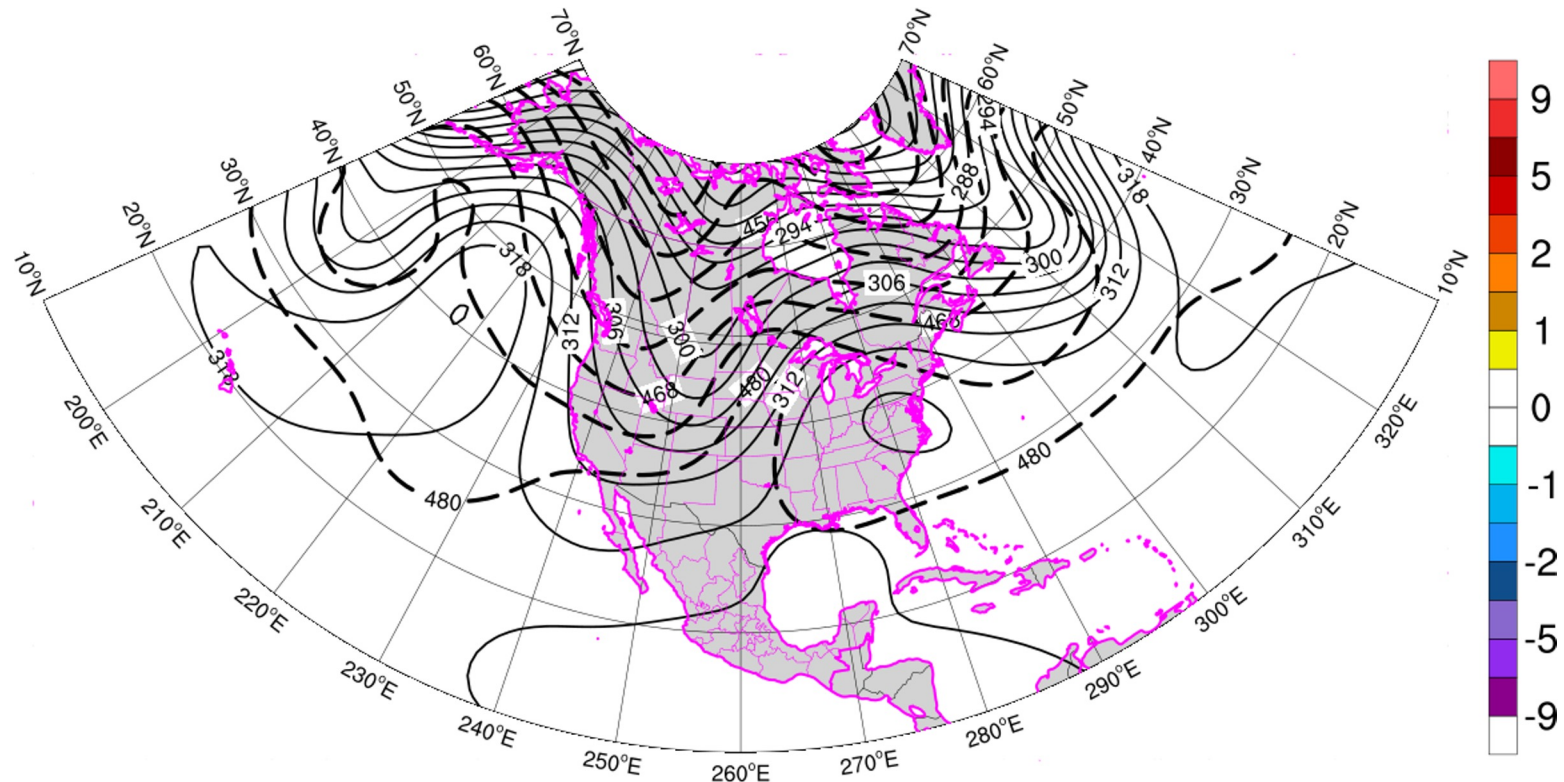


700 hPa Z, 900-500 hPa Thick, and Total RHS QG Omega Forcing (Trenberth form) (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!

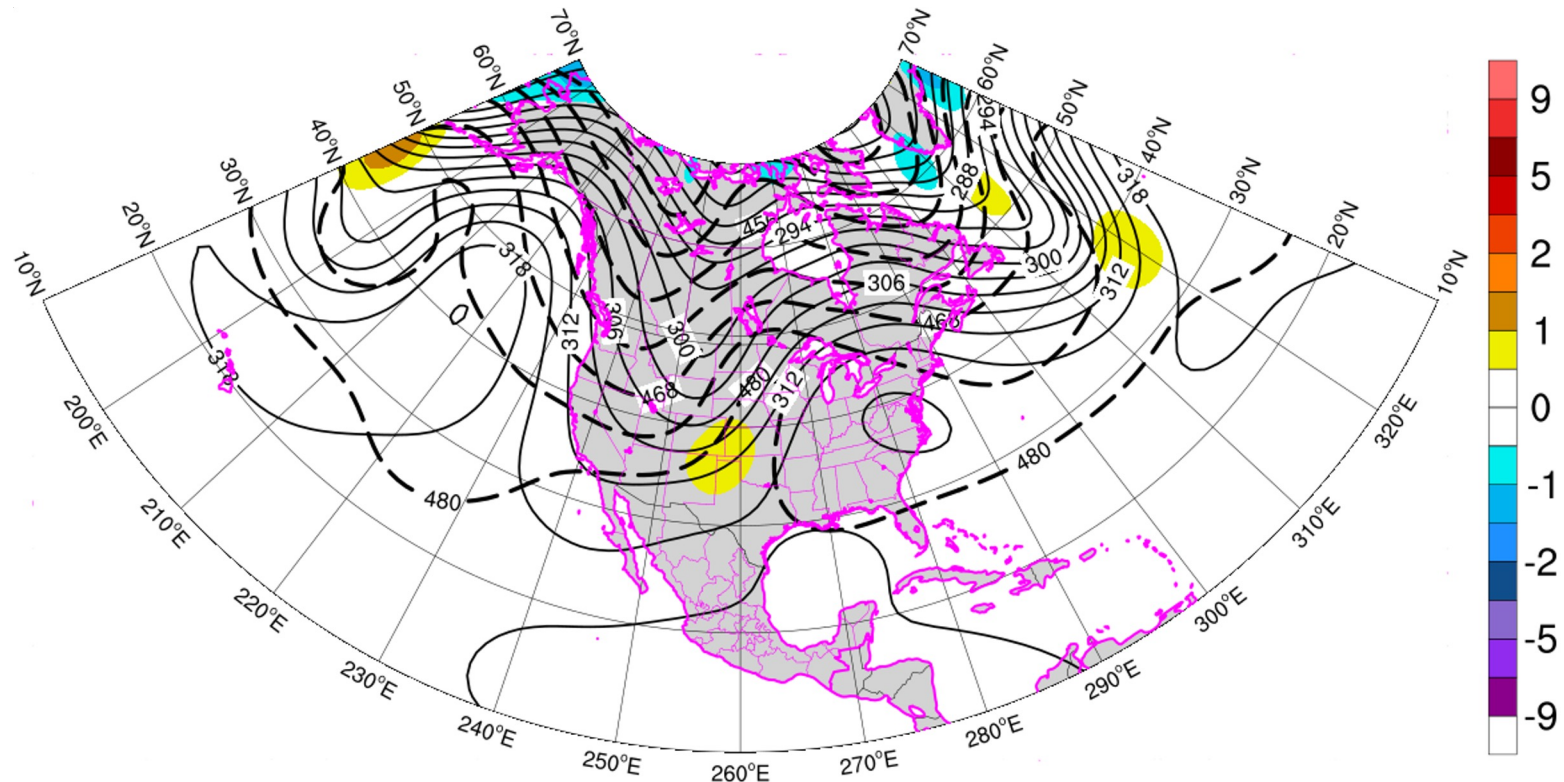


700 hPa Z, 900-500 hPa Thick, and f advect term B QG Omega Forcing (Trenberth form) (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!

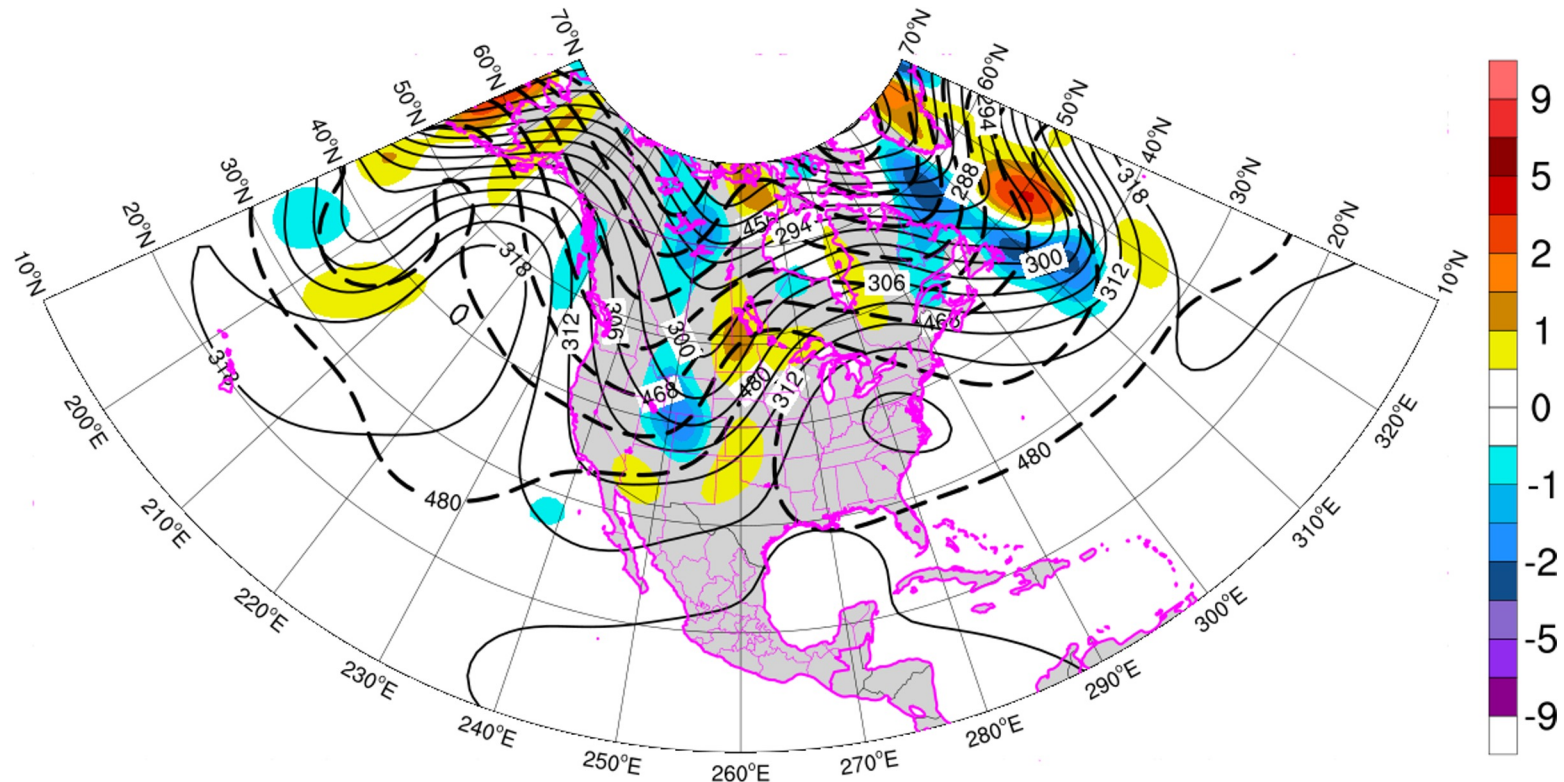


700 hPa Z, 900-500 hPa Thick, and deformation term C QG Omega Forcing (Trenberth form) (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)

$$\left(\bar{\nabla}_p^2 + \frac{f_o^2}{\sigma} \frac{\partial^2}{\partial p^2} \right) \omega = 2 \frac{f_o}{\sigma} \left(-\bar{\mathbf{V}}_T \cdot \bar{\nabla}_p \xi_g \right)$$

To evaluate the forcing for vertical motion, we plot 1000–500-hPa thickness (for \mathbf{V}_T) with 700-hPa heights/vorticity.

From ONE map, we can determine the QG forcing for ascent: CVA by the thermal wind will lead to upward motion!



700 hPa Z, 900-500 hPa Thick, and Total RHS QG Omega Forcing (Trenberth form) (smoothed)
102-h GFS forecast at 2025100418 (2025093012 init)